

# ROLE PLAY

## Exercise 1

Role Play the following scenario (taken from Speak Up).

### THE MAN ON THE BUS

You are on a local bus and someone gets on who is angry and abusive. They say something offensive to a passenger based on one of the protected characteristics.

1. **PICK ONE** (Race, Age, Religion/Belief, Disability, Sexual Orientation, Transgender Identity, Variations of Sex Characteristics).
2. Please refer to the **SPEAK UP** booklet.
3. Practice role playing the following bystander approaches.
4. You get to be our everyday hero.

### Step Up/Direct

You speak directly to the person and **CHALLENGE** them to **STOP**.

What might go wrong?

### Tell an Adult/ Delegate

You ask someone else to make the person **STOP**.

What might go wrong?

### Evidence/ Document

You take a note of what the person looks like and what language they are using.

What might go wrong?

### Pull Attention Away / Distract

You speak to the person about something unrelated in the hope they **STOP** being abusive.

What might go wrong?

### Support Later / Delay

After the incident you ask the victim if they are ok.

What might go wrong?

# REFLECT

## Exercise 1

1. Which intervention felt the most natural to you?



2. Which intervention felt safest?



3. Can you imagine yourself in the position of being an active bystander?



4. What you help you in this position?

